



Hi Everyone,

I want to share a recipe with you. It's for the best grilled meat you'll ever eat. Take some pork loin, cut into pieces that will fit on a skewer. Dice a sweet onion like a Vidalia. Put the pork and the onion in a gallon zip lock bag. Add mineral water, a little soy sauce and your favorite dry seasoning. I use the seasoning I got in the Crimea last summer. Let the meat marinade overnight. Then put the pork on skewers and grill on medium high until done. You will never taste better pork and the secret to why it tastes so yummy is the mineral water and the onion.

I learned this recipe in the Crimea and adapted to use here in Washington and the reason I'm sharing it, (other than the fact that it is spectacular), is that it reminds me so much of how we can learn to adapt our recipe for financial success depending on our circumstances. How often have you said to yourself, "I'd like to change but..."? We can all make up a million and one reasons, (excuses), for not changing. But it all boils down to having the desire to change.

Like many of you I have been following what's going on in the world. Europe is in big turmoil

and although the United States is in better condition things economically are still very fragile. The Fed says they won't raise rates until late 2014 at the latest and I believe them. All the more reason we all need to stop making excuses and adapt our financial way of living to this new reality. One more thing, when you're grilling this summer remember, the secret is mineral water and onion.

Till next time,

Evan Clark **PRESIDENT AND CEO**

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